



info@eatandwalkabout.com | +34 644 675 350

# Vigo: Rías Baixas Atlantic Coastal City Foodie Short Break



★★★★★  
0 User  
Reviews

4 Days / 3  
Nights

Vigo

€  
On  
Request  
Best Rate

Our short break food, wine and walking journey starts in the urban coastal city of Vigo. The first few days we explore the Rías Baixas, taking a boat ride to a fishing village for a walk around the market. Then a hands-on Galician Coastal Cooking class with a chef.

## Highlights

- The **best seafood** of the **Rías Baixas coast** in fishing villages
- **Hands-On Cooking Class** with **Galicia Chef**
- **Coastal Trail** walks and **Urban city streets**

## General Overview

**Country:** Spain

**Region:** Galicia

**City:** Vigo

**Duration:** 4 Days / 3 Nights

**Type:** Private Group Tour

**Theme:** Culinary Tours and Cooking Holidays

**Group Size:** 2 to 8 People

**Price from:** €

## Introduction

### A Foodie Journey through Galicia's Rías Baixas

Come join our **founder** on a flavourful short break savouring the **seafood**, and **wines on Galicia's Southern Rías Baixas coast**. Our **short break food, wine, and walking journey** starts in the urban coastal city of Vigo, Europe's largest fishing port and second in the world behind Tokyo.

Our trip starts with a special show cooking a welcome dinner of innovative Galician cuisine at a Michelin-starred restaurant and a cocktail at the skyline bar of our hotel with amazing night views of the bay, a great way to begin our memorable trip.

The first few days we explore the **Rías Baixas**, taking a boat ride to a fishing village for a walk around the market to learn about the different varieties of fish and seafood caught locally in the bay. Then a hands-on Galician Coastal Cooking class with a chef specializing in traditional seafood

dishes of the area.

We like to make things a bit flexible, so you will have a choice on one of the days when in Vigo to explore the city as you please, take a **sailing trip** over to the **golden beaches of the Cíes Islands** or walk part of the **Camino Portuguese coastal way** visiting a winery in the **sub-zone of O Rosal**. If you haven't been to **Santiago de Compostela** then you could spend the day there to visit the Cathedral and the old quarter with our expert local guide.

For those who would like to extend their trip, we have add-ons down to Porto, Lisbon over to Seville and could end up in Madrid the capital city of Spain. Let us know and we can suggest the best way to combine the add-on either pre-tour or post-tour just ask one of our tour specialists.

On this trip, you will see the contrasts of the blue Atlantic coast and green river valleys of Galicia's wine country. Walking coastal trails, exploring fishing villages, etc... An abundance of seafood and fish on the coast like; Pulpo (Octopus), Vieiras (Scallops), Lubina (Sea Bass), Merluza (Hake), just to name a few!

## Day by day itinerary

### DAY 1:

#### VIGO - ARRIVAL AND WELCOME DINNER

- We have left the start of the tour a bit flexible since many will arrive at the city of Vigo in different ways.
- You could fly into **Porto** and stay a few nights there or just transfer up to **Vigo** (Only 1hr30mins away).
- You might decide to fly into **Madrid** then over to Vigo, or even from **Barcelona**. There are flights into Vigo from each of the cities.
- If you are coming from **Santiago** you could take the high-speed train down to Vigo which only takes 50mins.
- For additional transfers or pre-tour packages see our **Add-ons** section of the tour.
- Upon arrival to the hotel in Vigo check in and relax before our evening meeting time (**NOTE:** You can check-in any time after **02:00PM**, if you do arrive earlier you can ask to store luggage with reception and check in later)
- Afternoon to relax and you have 1hr free access at the rooftop spa bath you can use today or save it for another day!
- **08:00PM:** Meet your **food & wine guide** in the lobby of the hotel
- **Welcome drink** and group introduction meeting on the **terrace of the cocktail bar**.
- Then we will take a short stroll through the streets to the **Michelin-starred** restaurant **Maruja Limón** where we will enjoy a special tasting menu prepared by **Chef Rafa Centeno** and his team.
- Walk back to our hotel just around the corner.
- The night is not over! Optional if you still want more... there is an amazing **rooftop Skyline bar** of the whole to see the bay of Vigo and lights at night you could have that last night-cap.
- Overnight in Vigo

### DAY 2:

#### VIGO - O MORRAZO COASTAL FISHING VILLAGES & COOKING CLASS - VIGO

- Breakfast

- **10:00AM:** Meet your food & wine guide in the lobby of the hotel this morning
- We will take a walk down to the port of **Vigo, the largest fishing port in Europe and 2nd in the world behind Tokyo.**
- We will start our **Gastro-Day on the Peninsula of O Morrazo** on the other side of **Vigo Bay.**
- Enjoy a **short ferry ride** over Vigo Bay (20 mins.) to the small fishing village of **Cangas.**
- Arriving in Cangas we will walk along the seaside promenade to the market and take a look at what has been caught that morning.
- After **visiting the market** we will take a walk around the old part of Cangas and a little walk along the promenade.
- Then you will be picked up and transferred to **Moaña** to the **local cooking school** where you will enjoy a **private fun cooking class** with a local **Galician Chef** who has worked in various local restaurants.
- It will start with a demonstration of the dishes you will prepare then the main **course/dish hands-on.** It will be based on products of the area... **fish, seafood**, etc... A 1st starter course (could be 1 or 2 dishes), 2nd main course then 3rd dessert dish.
- You will eat lunch based on what you have prepared with your chef and guide accompanied by **Albariño white** or **Mencía red** wines. From the dining area **enjoy views** of Vigo Bay and Moaña in the background. **A special foodie experience** and a great **introduction to the gastronomy** of the **Rías Baixas, Galicia.**
- After lunch a coastal drive to make a brief stop in the small village of **Hio** to see the **Wayside Cross** of Hio the most famous in Galicia and built from on solid block of granite. Beside the cross is the Romanesque Church of **San Andres (St. Andrews)** we take a peek inside before leaving.
- Then we stop at a lookout point in **Donon** to enjoy the excellent view of the **Cíes Island** in front.
- Here we will take a **coastal walk/hike** (2-3km./1.25-1.85mi. approx.) up a hill (about 163mt./532ft. in elevation approx.) **Monte O Facho.** We walk up a stony path arriving at an ancient **Celtic Lighthouse** with remains of a **hill-fort settlement** at the top offering a viewpoint with **spectacular views** of the **Costa da Vela** and Cies Islands protecting the mouth of Vigo Bay.
- Return to Vigo by highway.
- Drop off at your hotel and free time this evening.
- Dinner on your own, we will recommend restaurants close by your hotel
- Overnight in Vigo

## DAY 3:

### VIGO - FLEXIBLE DAY TO EXPLORE THE CITY OR SURROUNDINGS

- Breakfast
- Today we wanted to make it a bit more flexible for you. For those who just want to walk around the city and do your own thing, or even just take the ferry over to the Cíes Islands for a nature beach date you have the chance to do that today. If you did want to do a **guided tour** we have the following suggested options that could be added. You can see all the details and prices in the **Add-ons** section...
  - **OPTION 1:** VIP Rías Baixas Coast in the Salnes Valley Wine Country (ID: 3235)
  - **OPTION 2: Albarino winery and Baiona Coastal Village Tour from Vigo (ID: 2938)**
  - **OPTION 3:** Sailing Day Trip to the Cíes Islands in a Luxurious Private Yacht (ID: 2714)
  - **OPTION 4: Santiago de Compostela Historical Walking Tour with transportation from Vigo Port (ID: 3008)**

- **07:00PM:** In the evening we will meet up with our foodie guide to enjoy a Gourmet Food Tour of Vigo's old quarter
- Start off by walking to the Puerta del Sol to admire the statue **El Sireno (The Merman)**
- We will take a little stroll entering now into the **Casco Viejo (old town)** of the city.
- We will walk across the Plaza da Constitución down the oldest street Calle Cesteiro to our **\*1st stop** a traditional shops/bar, where you'll have the opportunity to taste some of the local wines of the **D.O. Ribeiro (white wine of the Treixadura grape)** and **D.O. Ribeira Sacra (red wine of the Mencía grape)** the wines will be paired with olives, **Spider Crab pate** and **Galician artisan cheeses (3 types)**
- Then we walk down the street passing by the **Co-Cathedral of Santa Maria de Vigo**, and stop to admire it from the outside.
- Our **\*2nd stop** will be at a small trendy restaurant where our Chef will prepare a couple of **creative tapas** for us with local wines.
- Then our **3rd stop** will be at another gastro wine bar offering **innovative tapas** like **Smoked Sardine with Moose of San Simon Cheese on a focaccia bread** accompanied by an **Albariño white wine** of the **D.O. Rias Baixas**.
- Walk back to your hotel which is nearby
- Overnight in Vigo

#### DAY 4:

#### VIGO, SANTIAGO OR PORTO TRANSFERS

- Breakfast
- In the morning meet our food & wine Guide in the lobby of your hotel, board our minibus to transfer you to Vigo Airport or Train Station.
- Drop off and final goodbye from your guide. (NOTE: Transfer is based on a drop off at Vigo airport or train station, even a city centre location. It would be based on 1 transfer for group, if you did need a transfer at another time or even to Santiago or Porto airport see **Add-ons** section for additional transfer costs in our Driver Services)
- If you did want to extend your trip down to Porto, Lisbon over to Seville and could end up in [Madrid the capital city of Spain](#). Let us know and we can suggest the best way to combine the add-on either post-tour just ask one of our **tour specialists**.

#### END OF SHORT BREAK IN VIGO

#### Included

- **3 Nights accommodations** in Double or Single Occupancy based on hotels specified in the **Lodging** section.
- **3 (B): Breakfasts** daily except the day of arrival
- **1 (L): Lunches** and **2 (D): Dinners** with set menus as specified per itinerary (**3 courses or more with beverages**) based on a mix of relaxed casual tapa tours, Innovative Cuisine including **1 Michelin-starred restaurant** based on the tasting menus of expert chefs, and cooking classes based on what you have prepared. Wine will be included at all meals selected to be paired with each meal.
- Transportation in a fully equipped vehicle as per itinerary depending on the group size. (See **Transportation**).
- Private English Speaking Driver.
- Private English-speaking Food & Wine Expert Guide as per itinerary.
- Entrances when with local guides are included in the cost.

- **1 Tapa Tour in Vigo** (3 different bars/restaurants)
- **1 Market visits** in Cangas to see the local produce, meats, and seafood.
- **1 Cooking Classes: Hands-on** cooking class with local chefs in Moaña. Menus will be based on 3 courses or more
- Recipes will be given for all dishes that are prepared on our classes.
- **1 Boat Rides:** The boat ride will be a 20min. ferry crossing from Vigo to Moaña on the Bay of Vigo with views of the city and the Cíes Islands.
- **1 Farewell Cocktail** champagne at our hotel on the evening of our last dinner together.
- Local Taxes.

## Excluded

- Transportation not specified.
- Meals not specified.
- Porterage
- City taxes in some location like in Barcelona and Porto to be paid directly at hotels when we check out if there is any of these taxes.
- Any entrance fees when not with guide.
- Tips & Gratuities to Tour Leader, driver and local guides (Not mandatory but given if you enjoy the services)
- Trip Cancellation and Medical Insurance (Highly recommended)
- Any other items not specified in what's included

## Pick up

- **Vigo:** Starting in the lobby of the hotel the 1st evening as specified per itinerary
- If you would like a transfer from the airport, train station or other location see **Add-ons** for driver services.

## Drop off

- **Vigo:** Ending in the lobby of the hotel the last evening as specified per itinerary
- If you would like a transfer from the airport, train station or other location see **Add-ons** for driver services.

## Cancellation policy

- Up to 45 days before: **Fully Refundable**
- Under 45 days: **100% Non-Refundable**

## Lodging

\*Or similar class hotels

## Transport

- **TRANSPORTATION WITH DRIVER/GUIDE - SUV in NISSAN QASHQAI 1.3 DIG-T MHEV 12V** (2 to 3 People): dark grey, tinted back windows, black interior with Wi-Fi, and panoramic roof.



- **TRANSPORTATION WITH DRIVER + GUIDE in Mercedes Benz Minibus Sprinter (4 to 8 People):**



**NOTE:** Or similar type vehicles in the same class as mentioned above.

## Add-ons

### Tours

Albarino Wine Region and Baiona Coastal Village Tour from Vigo

Short break to Porto & Douro Valley: discover local food and wine

### Map

