

# Galician Seafood Cooking Class and Ferry Boat Trip across Vigo Bay





**Q** Vigo



Visit Galicia starting from the wonderful city of Vigo on this Cooking like a Galician Tour combined with a ferry boat trip across Vigo Bay where you will enjoy the beautiful landscape and dramatic coastline. Get to know the Galician gastronomy and culture in a cooking class led by a local chef with fresh products from the area.

#### Highlights

- Get to know the secrets of Galicia's famous seafood dishes from a Galician Chef.
- Boat trip across Vigo Bay to a beautiful and charming coastal town
- Bring home new Galician Traditional Recipes.

# **General Overview**

**Country**: Spain **Region**: Galicia

City: Vigo

**Duration**: Full Day (Duration: 6hrs - 7hrs approx.)

**Type**: Private Full Day Tours **Theme**: Tasting & Visits

**Group Size**: 2 - 12 People (larger group possible

on request)

Price from: 140 €

## Introduction

# Food Tour Discovering the Flavors of the Galician Gastronomy

On this **food tour** we will start our journey from the stunning fishing city of **Vigo** located in **Galicia, Spain** with a boat trip across Vigo Bay one of the most important and **beautiful bays of the Rias Baixas**. A bay with a lot of history where epic battles occurred and where you will be able to enjoy the **amazing views of the Cies Islands**, Rande Bridge and the dramatic coastline of **O Morrazo**.

The ferry boat trip will take around 20 mins until we get to the port of **Moaña**, a charming seafaring village with a long fishing tradition. Learn about the important tradition in seafood production, with **Sustainable Mussel Bed Farms (Bateas)**, where mussels and even other types of species are cultivated like; scallops, oysters, etc... The **Mussels of Moaña** are a must-taste, which we will have the privilege of making with our chef!

We will take a relaxed walk along its promenade, admiring amazing sculptures like; **O Fisgón the town's iconic statue** that represents a fisherman practicing a fishing art with a "Fisga" (trident) used years ago in Moaña. Apart from all that, there are also beautiful **golden beaches** like the popular **Xunqueira beach**, gardens and of course not forgetting about the **Market Square** where the weekly market and local festivities are held which we will visit to take a look at what has been caught in the **Plaza de Abastos de Moaña**!

# Learn to Cook like a Galician on a Cooking Class led by a Local Chef

After our walk around the fishing village of Moaña we will make our way to the main event of this food tour.... which will be a memorable one!

We arrive at a **small cooking school** where you will have the chance to learn how to prepare a **Traditional Galician Menu** with fresh products of the area like the seafood caught from Vigo Bay, **delicious mussels** from the **bateas (mussel farms)** of Moaña, **xoubas (small sardines)**, **vieiras (scallops)**, etc... Then we will devour what we created after cooking it with the help of our local chef who will explain to us the process of elaborating these dishes throughout the **cooking class**. Pairing our meal with the **excellent Galician wines** made from local grapes such as the **white Albariño** from **D.O. Rias Baixas** and the **red Mencia f**rom **D.O. Ribeira Sacra**. Moving on to the dessert the highlight of the cooking class, the famous **Tarta de Santiago (Santiago Cake)**, we will taste with the **Galician spirits/liqueur the famous Aguardiente (firewater)!** 

The best way to end an unforgettable food experience in the Rias Baixas region of Galicia, Spain!

Day by day itinerary

DAY 1: SAT.,

# VIGO - CANGAS DO MORRAZO - MOAÑA - CANGAS DO MORRAZO - VIGO

- Food Tour of Moaña, O Morrazo Peninsula, on the other side of Vigo Bay.
- 10:00AM: Meet your food and wine expert guide at the Port of Vigo next to the ferry station (see on map) or at the hotel if near the port at walking distance. (NOTE: The meeting location will be specified in the voucher.)
- 10:30AM: Take a short (20-minute) boat trip across Vigo Bay to the **little fishing town of Cangas do Morrazo**.
- When we arrive in Cangas do Morrazo we will have a relaxed walk along the promenade admiring the wonderful Vigo Bay until reaching the **Mercado** Plaza de Abastos Market to see the freshly caught products. Every Tuesday and Friday they have the **open-air Mercadillo** with stalls of local farmer's produce.
- After the market, a great photo opportunity at the **Ex-collegiate Church of Santiago de Cangas.** There was a big following of St. James in this village, in fact, it used to be part of the **way of St. James** there were many pilgrims who passed through Cangas do Morrazo on their way to Santiago de Compostela.
- Then our driver will pick us up and take us to our next stop in Moaña a **local small cooking school** in which you will participate in a private exciting cooking class with **a local Galician**Chef who has previously worked in many local restaurants.
- The cooking class experience will begin with a presentation of the products that you will cook, followed by hands-on preparation of the first course/dish. This will be mainly of local products such as fish, seafood... A first starting course (maybe one or two dishes), a second main course, and a third dessert dish.
- You will enjoy lunch based on what you have made with the help of the chef, paired with **Albariño white** or the **red Mencia**. Catch a glimpse of Vigo Bay with Moaña in the distance from the dining room. **A unique culinary journey** and an excellent introduction to the culture and cuisine of the **Rias Baixas region of Galicia**.
- 03:00PM: After our amazing lunch, we will end our **great food and cooking experience** with a taxi transfer to the port of Cangas do Morrazo.
- 03:15PM: We will have time for a short walk around the port before the ferry back to Vigo.
- 03:45PM: Ending at the Ferry Terminal of Cangas and final goodbye from your **E&W Food Wanderer Guide.**
- **04:00PM:** Take the ferry boat on your own to Vigo from Cangas which takes only 20 minutes. (**NOTE:** You could stay longer and take a later boat if you want to walk around Cangas do Morrazo. The ferry departs every 30mins. until 10:00PM)
- 04:20PM: Arrival back to Vigo Port.

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#### END OF COOKING LIKE A GALICIAN AND FERRY BOAT TRIP EXPERIENCE

Included

- E&W Food Wanderer Guide. Expert English-speaking Food, Wine & Walking guide.
- Transportation is included only when required (**NOTE:** Taxi transfer and Ferry tickets round-trip.).
- 2 hours 30 minutes to 3 hours approx. demonstration and hands-on cooking class with a Galician chef based on the traditional gastronomy of the area.
- (L): Lunch. It will be a set three-course menu that you will prepare with our chef (different dishes):

#### - MENU:

- Starter, 1st dish: Steamed Mussels in Vinaigrette Pickled Sauce.
- Starter, 2nd dish: Baked Scallop or Octopus Galician Fair-style, \*depending on the market, we will select one or the other.
  - Main: Hake Fish with Galician Sauce
  - **Dessert:** Santiago Cake
- **Beverages:** White Albariño or red Rioja/Mencia wines, coffee, Aguardiente liqueurs and water. Soft drinks are also available.
- \*NOTE: The menu may change based on the market and also at the chef's choice. If you have any dietary intolerances or allergies, please let us know when you make your reservation.
- Before your cooking class, you will enjoy a guided tour of the Market in Cangas do Morrazo.
- Tickets for boat-ferry trip Vigo-Cangas. The return you pay directly from Cangas do Morrazo your guide will explain.
- \*Transportation from Cangas do Morrazo to the Cooking School and from Cooking School to Cangas do Morrazo Port (NOTE: \*Based on taxi transportation since it is a short trip to the cooking school, we arrange taxis to transfer us 5 minutes away, if larger groups of people we consider bringing in a bus for the transportation to/from the cooking school).
- The Local Taxes are included.

#### Additional Info:

- You must be an able walker since there will be portions of the tour with no transportation and we will be walking. Consider **easy walking** along a port promenade. **Total walking distance during the day will be about 3km(1.86mi) approx.** (**NOTE:** The route can be adjusted to add more transportation if required at an extra cost.)
- There is no dress code, but we recommend comfortable walking shoes.
- Outside of the summer months, there are rainy days so a rain jacket would be recommended when not during summer. We will let you know the weather conditions a few days before the tour start date.
- Please advise if you have any restrictions regarding types of food due to allergies, diet, or religious reasons. This must be included in the comments when you make the booking of this tour.

#### **Excluded**

- Tips to guides (optional, but appreciated if you had a wonderful time!)
- Private Tour Add-Ons are available at an additional cost.
- Transfers that are not listed in the itinerary.
- Entrance costs if not accompanied by a guide.
- Beverages that are not specified under certain meals.
- Anything else that isn't listed in the "what's included" box.

## Pick up

- Meeting at Escultura "El Bañista" (La Bañista Statue) Canovas del Castillo, 22, Vigo, near the Estacion Maritima at the Porto of Vigo (**NOTE:** Photo and map will be provided in the voucher)
- If you are staying near Vigo's port area, we can meet you at your hotel; please provide the name of the hotel.
- If you are on a cruise ship in the Port of Vigo, it is merely a 5-minute walk to our meeting place, which is next to the Ferry Station.
- Pick-up from other nearby villages and towns is possible; please inquire for extra expenses.

# Drop off

• Estación Marítima Cangas do Morrazo - Av. de Montero Ríos, 14, 36940 Cangas, Pontevedra (Ferry Port of Cangas do Morrazo)

# Cancellation policy

- Reservations must be made at least three working days (72 hours) before the current date.
- Payment is expected in full at the reservation online.
- Cancellations made 14 days to 49 hours in advance are non-refundable by 25%.
- It is completely non-refundable if you cancel within 48 hours of the start date.
- In exceptional circumstances, such as if your cruise ship is unable to dock due to weather, etc., we can give a full refund, and all cancellations must be written no less than 48 hours before the start date.
- Acquiring the cancellation insurance in case of any last-minute modifications is strongly advised.
- For further information, please see our general terms & conditions.

