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Organic Faba Farm show cooking, lunch, Luarca Fish Auction



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0 User Reviews

10hrs approx.

Oviedo

Price from: 180.00 euros

Discover the essence of Asturias through its colorful fishing villages, fertile countryside, and legendary fabas, where the Cantabrian Sea, green landscapes, and timeless food traditions come together in one unforgettable day.

Highlights

• Explore colorful fishing villages **Cudillero** and **Luarca.**
• Visit an **organic faba bean farm** and pick fresh produce.
• Enjoy a **cooking demo** and **traditional Asturian lunch**.
• Watch **Luarca´s lively fish auction** and **scenic coastal drive**.

General Overview

Country: Spain
Region: Asturias
City: Oviedo
Duration: 10hrs approx.

Type: Private Full Day Tours
Theme: Food & Wine Tours
Group Size: 2 - 12+ People
Price from: 180 €

Introduction



Asturian Fishing Villages: Life Along the Cantabrian Sea

The day begins on the dramatic Asturian coastline with visits to Cudillero and Luarca, two traditional fishing villages shaped by the sea. Cudillero´s colorful houses tumble down the hillside toward its working harbor, where narrow streets and viewpoints reflect generations of maritime life. Luarca offers a different coastal character, elegant yet authentic, centered around its natural port and famous fish auction, a reminder of the region´s deep fishing traditions.



The Land of Fabas: Asturias Culinary Heart

In the lush green countryside, we explore the agricultural side of Asturias at an organic farm dedicated to fabas, the region´s most iconic ingredient. These prized white beans are the foundation of Asturian cuisine and a symbol of the land´s richness. Walking through the fields and learning about traditional cultivation reveals why Asturian food is so closely tied to its environment, where quality ingredients take center stage.



From Farm to Table: Authentic Asturian Flavors

The experience is complemented by a hands-on cooking demonstration and a traditional lunch featuring local recipes and seasonal produce. Simple preparations, fresh ingredients, and time-honored techniques highlight the essence of Asturian gastronomy, honest, flavorful, and deeply connected to both the sea and the countryside.

Day by day itinerary

DAY 1:
OVIEDO - CUDILLERO - LUARCA - OVIEDO

- **Asturian Coastal Fishing village of Cudillero & Luarca and the Land of the Famous Faba Beans (Duration: 10hrs approx.)**
- **09:00AM:** Meet our local guide in the lobby of the hotel.
- Our driver will drop us off at the port in Cudillero.
- We will have some free time to walk around the port and the traditional streets of the fishing quarter.
- Meet back up to walk back with the driver.
- Then off to the nearby organic, family-run Asturian farm.
- The owner will take us on a walking tour of the farm and even pick some fabas, blueberries,

Avocado, etc. on her organic farm in the countryside.
- We will even have a cooking show with the chef. She will prepare in the garden of the farm a faba bean salad.
- Then we will go for a traditional lunch near the farm.
- In the afternoon, a scenic drive along the Asturian Coast with a stop in Luarca.
- They have the fish and seafood auction at the auction house on the port. We will see a bit of the action and have time for a walk around the streets of Luarca, another beautiful fishing village on the Asturian coast.
- Return by highway back to Oviedo.
- **07:00PM approx.:** Drop off back at the hotel.

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Included

- English-Speaking Food & Wine Guide.
- Transportation in a fully-equipped vehicle with a driver.
- Faba Bean Show Cooking at an Organic Farm.
- Visit to an Organic farm in Cudillero.
- (**L**): 3 courses at an Asturian organic faba bean farm.
- Local Taxes.

Excluded

- Any food and drinks not specified in what´s included.
- Personal expenses.
- Gratuities/Tips to your guide and driver.

Pick up

- Pick up from the Hotel in Oviedo.

***NOTE:** Other Pick up locations are available on request at an extra cost.

Drop off

- Drop off at Hotel in Oviedo.

***NOTE:** Other Drop off locations are available on request at an extra cost.

Cancellation policy

- Cancellations that are made in writing more than 72hrs before the start time will be refunded fully. Cancellations 72hrs or less are 100% non-refundable.
- In the case of bars/restaurants as described above are closed due to unforeseen

circumstances we will change to a similar bar/restaurant. In the circumstance if we cannot get three food stops due to availability we will substitute with more food & drinks at two stops. It usually is 3 food locations, but we reserve the right to offer the same amount of food & drinks but at two restaurants/bars.

Transport

- **Mercedes Benz E Class Sedan**
- **Mercedes Benz V Class Minivan**

NOTE: Or similar type vehicles changing depending on the group size.

Map

