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Baiona Gourmet Food Tour



★★★★★
2 User Reviews

⌚
Half-Day
(Duration:
3hrs.30mins.
approx.)

📍
Baiona

€
Price from:
105.00 euros

On this gourmet food tour, you will discover tasty tapas in Baiona while visiting the best bars and restaurants in the Old Town. Your Food & Wine Guide will meet you outside the new Tourist Office. An excellent option for those who would like a lunch or dinner tasting various Galician fine wines paired with delicious, freshly made tapas.

Highlights

- 3 hot spots for gourmet food in **Baiona's old and new parts of town**
- Taste **Galician fine wines: Albariño, Godello, Mencía...**
- A local **food expert guide** with vast knowledge about the **gastronomy of Galicia**

General Overview

Country: Spain
Region: Galicia
City: Baiona
Duration: Half-Day (Duration: 3hrs.30mins. approx.)

Type: Private Half Day Tours
Theme: City & Village Walks
Group Size: 2 to 12+ People
Price from: 105 €

Introduction

Baiona Gourmet Food Tour: Discover the Culinary Traditions

On this **gastronomic tapas tour** you will visit the best bars and restaurants in the Old Town of Baiona. Your **Food & Wine Guide** will meet you outside the new Tourist Office. An excellent option for those who would like a lunch or dinner tasting various **Galician fine wines paired with delicious, freshly made tapas in Baiona**.

We begin our food tour walking along the Port of Baiona, where La Pinta replica is docked. Take in the ambiance and historical significance of the arrival while enjoying the views of the harbor.

Baiona boasts beautiful beaches and a picturesque waterfront with restaurants overlooking the sea. Enjoy **the fresh seafood dishes** while relishing the coastal atmosphere.

Taste Traditional and Innovative Tapas in the Old and New parts of Town in Baiona

Explore the charming streets of Baiona, stopping at traditional taverns and bars that offer **Galician tapas**. Indulge in local specialties such as Pulpo A Feira (Octopus fair-style), zamburiñas a la

plancha (grilled baby scallops), mejillones al vapor (steamed mussels) among many other tapas!

Galicia is known for its excellent wines, particularly the white wines made from the **Albariño**, **Godello**, and **Treixadura grape varieties**. We will pair our tapas with some excellent wines on our gourmet food tour in Baiona.

Continue your foodie walking tour, seeking out local gastronomic delights trying traditional empanadas, artisan cheeses, Galician-style pork dishes, and other regional delicacies. You will even taste some **innovative tapas dishes** during our food tour. Ending with some of **the amazing desserts!**

Remember to pace yourself during our food walking tour, as there will be plenty of tasty tapas to try.

Our Baiona Gourmet Food Tour is a great way to immerse yourself in the local culture, history, and culinary traditions!

Day by day itinerary

DAY 1: BAIONA

- **Lunch (12:00PM approx.) or Dinner (07:30PM approx.):** Meet your Private English-speaking food and wine guide at the entrance to the 2000-year-old Fortress and Parador outside the new Tourist Office in the corner of Palma Park.
- Then, after a short walk along the promenade of Alfonso IX to see in the harbor the replica of La Pinta, which brought the first word of the discovery of the Americas arriving March 1st,

1493 at A Ribeira Beach in Baiona

- We will pass by the fishing port with all the small colourful boats and the fish auction house (Lonja de Baiona), which brings in all the fresh fish and seafood every morning.
- After our stroll, we arrive at our first tapas stop with views of the bay. We will try some of the fresh Navajas (Razor Clams) and Zamburiñas (Baby Scallops) paired with Albariño wine of the D.O. Rias Baixas.
- Now we walk through the cobblestone streets of the old part of town, lined with tapas bars and restaurants. Our second stop will be in one of the classic tapas taverns in Baiona. Taste the house specialty, which is Tortilla con queso Tetilla (Spanish Potato Omlette with Tetilla Cheese), Chipirones fritos (Fried Baby Squid) or Pimientos de Padron, paired with Treixadura from the D.O. Ribeiro and a red Menica wine from the D.O. Ribeira Sacra.
- Walking further up through the streets of the old part of town to the Liberata Square, including its chapel, dated 1695, and Santa Maria Church, which dates back to the 13th Century. This is part of the Camino de Santiago (Portuguese Coastal Way from Porto to Santiago), which passes through the town including the old Pilgrims 16th Century Hospital.
- Our last stop in the new part of town is at an innovative gastro-bar. Savour tapas that are a bit more elaborated... Tartar de sardina ahumada con mayonesa japonesa y pan soplado (Smoked sardine tartare with Japanese mayonnaise and puffed bread), Mejillones en escabeche de naranja con crema de verduras y patatillas Bonnilla (Mussels marinated in orange sauce with vegetable cream and Bonnilla potato chips), Empanada crujiente de rubia gallega chorizo del rosal y shitaki (Crispy empanada pie with Galician beef, chorizo del Rosal, and shiitake mushrooms), and then a dessert flan roto de queso ,toffe de cafe arabico y migas de tarta de Santiago (Crumbled cheese flan, Arabic coffee toffee and Santiago cake crumbs) .
- Ending with a stroll down the street, Rua Carabela a Pinta, with a very nice promenade that takes us back to where we started near the seafront.
- Lunch (03:30PM approx.) or Dinner (11:00PM approx.): A scrumptious end to our gourmet food tour of Baiona.

L or D

END OF PRIVATE TOUR SERVICES

Included

- English-speaking food & wine guide with years of experience in the local gastronomy to take you around to 3 selected bars/restaurants
- (L or D) Lunch, the tour price includes approx. 5-6 drinks (including selected Galician wines) and 8 tapas (traditional and innovative tapas) plus ending with a special dessert and coffee or tea.
- Local Taxes

Excluded

- Transportation is not included, you must get to the meeting point and from the ending point at your own arrangements.

- No other beverages are included outside of what is tasted with your guide selection of wines.
- All extras must be paid directly.
- Tips & Gratuities are not included nor are they mandatory but always welcome if you have a good time.

Pick up

- Meeting Point: At the entrance to the 2000 year old Fortress and Parador outside the new **Tourist Office** in the corner of A Palma park.

Drop off

- Back at the front of the Tourist office in Baiona where we started the tour.

Cancellation policy

- Up to 48 hrs before: **Fully Refundable**
- Under 48 hrs : **100% Non-Refundable**
- If any of the bars/restaurants described above are closed due to any unforeseen circumstances we will offer a similar type of venue. If we cannot get 3 tapas locations at any given time due to availability you will have more tapas at the last stop making it 2 stops. Normally it is 3 but we have the right to offer the same amount of tapas/wines tasted but at 2 venues.
- When you book a tour/holiday with us you agree to the above and any other terms in our general **terms & conditions** not mentioned above, and as well as to our **waiver notice**.

Map



Reviews

★★★★★ Susan G. (2 October 2025)

Food and Knowledge

We enjoyed our tour with Sean as the food was great and his knowledge of the area and history was very educational. I highly recommend booking a food tour with Sean and his company!

★★★★★ Paul K. (2 October 2025)

A great food tour!

Sean was a great host! We started off our trip in Spain with a food tour to get an intro to what we will experience throughout our journey. Sean shared a lot of Spain's culture, history and cuisine. It was informative and great fun. We wholeheartedly endorse Sean!